



Volunteer Psychotherapist Placement

MHFP opportunity

We are a local community charity supporting people in the Ealing borough with complex mental health needs by offering a holistic suite of services that seek to recognise the psychosocial as well as the psychological. Our clients present with psychosis, depression, anxiety disorders, personality disorder and PTSD, and our overall aim is to help people realise their strengths by supporting them to shape meaningful lives in the community. From September 2022 we will be recruiting Volunteer Psychotherapist to work in an individual capacity with clients over 12-18 months, based at our premises in Ealing.

This is a great opportunity to work in a very supportive and lively environment with a unique client group. Referrals to Cape Psychotherapy Service come from a variety of mental health professionals, including West London NHS Mental Health Integrated Network teams ('MINT') and Crisis teams, IAPT, as well as from current CAPE clients and other local community groups. The Clinical Lead will have assessed all clients for referral to 1:1 or other group work. We work closely with our referrers, as well as offering a variety of support groups and 1:1 psychological support here within Cape, providing a safe and well-held placement opportunity.

Criteria

- Volunteers need to be in at least the fourth year of training and have already accrued at least **300 client hours**.
- Volunteers will be expected to see **three clients per week** for 50-minutes duration appointments.
- Free, monthly **2hr group supervision** session is provided.

This placement offers opportunities to cover Mental Health Familiarisation requirements.

Please contact **Sunny Barnes (Clinical Lead)** via e-mail with any questions you may have regarding the placement.

To **apply**, please email your CV with a covering letter detailing your therapeutic approach.

Contact details: sunny.barnes@capeproject.org.uk or call on **0208 896 2552**.