



Who We Are

Cape is a mental health charity based in Ealing, dedicated to empowering individuals with complex mental health needs.

For over 26 years, we have provided a safe and supportive environment to help people regain confidence, independence, and well-being.

Visit us at: www.mycape.org.uk

Location: 3 Montpelier Avenue
Ealing, London W5 2XP



Ground floor rooms



We offer exceptional therapy and training rooms available for rent in a modern, well-equipped Victorian property close to central Ealing. Our ground floor rooms (G1, G2, and G3) are wheelchair accessible, providing a comfortable and professional space for your needs. G1 is a larger room which can hold up to 20 people.

First and second floor rooms



We also have a number of first- and second-floor rooms available. Each space includes a comfortable seating area, a calming environment, and essential furnishings such as a clock and a lamp. The building offers access to toilets on both the ground and upper levels, as well as use of the kitchen facilities if needed.

CAPE Rooms

Size M / SQM

£ per hour based on number of hours booked per month

G1
G2
G3

5.5 x 4.5 / 24.75
4.6 x 3.6 / 16.65
3.5 x 3.5 / 12.25

G1 £25.25 per hour
G2 & G3
£15.25 per hour 1 – 15 hours
£13.25 per hour 16+ hours

F1
F2
F3
F4

4.5 x 4 / 18
4.5 x 2 / 8
4.5 x 6 / 27
3.2 x 4 / 12.8

All rooms
£15.25 per hour 1 – 15 hours
£13.25 per hour 16+ hours

T1
T2

4 x 4.8 / 19.2
6 x 3.2 / 19.2

All rooms
£15.25 per hour 1 – 15 hours
£13.25 per hour 16+ hours



For more information, please
contact Milan Patel

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All bookings are made and
accepted subject to CAPE's
terms and conditions a copy is
available upon request

Thank
You.